

## ASSESSMENT of Collaboration and Community Partnership Opportunities

*Collaboration and community partnership opportunities are important for the development of effective programming to support the participation of LSES mothers in physical activities and sports.*

1. *Are you currently collaborating or working in partnership with other organizations in your region/area?*  YES  NO *If no, see solutions below.*

- If yes, in what capacity?
  - provide financial support
  - provide space for programs
  - subsidize a course
  - provide an instructor
  - offer free programs to LSES mothers
  - offer free daycare
  - offer affordable daycare on site (\$2/child)
  - donate and/or loan sporting goods and athletic equipment
  - other, please specify: \_\_\_\_\_
- What services or resources can YOU offer?
  - use of the kitchen
  - playground area
  - mothers' physical activity and/or learn to play sport programs
  - program and/or facility space (e.g. pool, gym, room, field, etc.)
  - organized sports for mothers (e.g. volleyball, soccer)
  - donate and/or loan sporting goods and athletic equipment
  - other, please specify: \_\_\_\_\_
- What services or resources can PARTNER agencies offer you?
  - use of the kitchen
  - playground area
  - mothers' physical activity and/or learn to play sport programs
  - program and/or facility space (e.g. pool, gym, room, field, etc.)
  - organized sports for mothers (e.g. volleyball, soccer)
  - donate and/or loan sporting goods and athletic equipment
  - other, please specify: \_\_\_\_\_

## SOLUTIONS to increasing affordability, accessibility, availability and sustainability of physical activity and sport opportunities for LSES mothers:

- Collaborate and partner with other organizations and programs within your community: Public Health Unit, Parks and Recreation/Sport, YMCA-YWCA, Boys and Girls Club of Canada, Community Health Centres, Community Centres, Schools, Cultural Centres, Churches, Resource Centres, Public Parks, Sport Clubs and Leagues, etc.
- Work with local partners with experience in grant writing and project administration to create a collaboration plan.
- Partner with local and/or provincial agencies and movements aimed at increasing physical activity and healthy eating habits: Alberta Centre for Active Living, Active Ottawa Actif, Saskatchewan *in motion*, Everybody Active (BC Parks & Recreation / BC and Yukon Heart & Stroke), Heart & Stroke *Walkabout* (Nova Scotia), etc.